

Don't miss out on great workshops!

Transition Series- the Road to 22

Tuesdays, March 16, 23, & 30th, 2010 from 7:00-9:00 p.m.

Learn about the IEP, Transition Laws and what is available for Adult Services- eligibility and benefits.

Working with your School System - March 16th

Learn how to get the most out of transition planning. Your rights and responsibilities, the school's responsibilities, the IEP, ITP, and goal setting. Presented by Pat Pakos, Arc of Massachusetts

Adult Services Eligibility and Transition Planning - March 23

DMR vs. Mass Rehab, Chapter 688, the Eligibility Process, Availability of Services, the Transition Plan and procedures. Presented by Dorrie Freedman, Transition Coordinator, Metro North DDS

Adult Services Options - "What's out there?"- March 30

An intro to services after graduation, employment/day program options, service providers, housing, and more. Presented by Arc Staff

\$15 for the series. Meets at the EMARC Family Resource Center, 34 Gould Street, Reading.

For information or to RSVP, Contact Michelle Faugno mfaugno@theemarc.org 781-942-4888 x4018.

The Do-It-Yourself Guide to Creating Housing Options

Thursdays, April 29, May 6, 13 and 20th, 2010 from 7:00-9:00 pm

This 4 part workshop series focuses on helping parents explore ways to create individualized Supportive Living arrangements for their sons and daughters. Armed with information from our guest speakers, we will work together to brainstorm creative ideas, learn about the contributions families need to make, and take practical steps to make housing dreams a reality.

\$25 for the series. Meets at the EMARC Family Resource Center, 34 Gould Street, Reading.

For information or to RSVP, Contact Michelle Faugno mfaugno@theemarc.org 781- 942-4888 x4018.

Guide to Guardianship

April 13th, 2010 7-9 pm, EMARC Family Resource Center, 34 Gould St., Reading

Are you considering guardianship?

Are you already a guardian, but want to know about the new reporting requirements?

The new laws for guardianship are now in full swing. Come learn what the changes in laws mean for you and your child. We will let you know the steps to attaining guardianship for your child, should that be the choice that you make. Resources will be provided.

Contact Michelle Faugno at 781-942-4888 x4018, mfaugno@theemarc.org for more information.

Senior Caregiver Group

Are you 60+ and the parent/sibling/caregiver of an adult with disabilities? Come join other caregivers for coffee, conversation and information! Our Senior Support Group meets on the third Wednesday of each month from 10 am-noon in the Family Resource Center.

Upcoming meeting dates: January 20th, February 17th, and March 17th

Contact Michelle Faugno at 781-942-4888 x4018, mfaugno@theemarc.org for more information.

There is no charge for this group, thanks to funding from the Massachusetts EOEA and the Federal Administration on Aging.

Sibling Supports for Adults

Adult Siblings: "How will the new guardianship regulations affect you and your sibling?"

Wednesday, February 10th, 7-9pm at the EMARC Family Resource Center.

Contact Michelle Faugno at 781-942-4888 x4018, mfaugno@theemarc.org for more information.



All workshops will be put on by The Arc of East Middlesex
Family Resource Center

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Do you have a child ages 2-10 who has been diagnosed with a developmental disability?
Are you confused about how to receive support and what services to ask for?
Are you nervous about leaving Early Intervention and entering the public school system?

Then be sure to attend.....

Maneuvering the Maze

A series of informative workshops that will help you understand and navigate the human service system!

Dates: Wednesdays January 13, January 20, February 3 and February 10

Speakers will include representatives from the Department of Developmental Services, Educational advocate – Elizabeth Bostic, and speakers on government benefits and health insurance.

Workshops will be held from 7:00—9:00 p.m.

Perkins Hall, Melrose Wakefield Hospital

There is no charge this workshop series

Register by calling Judy SantaMaria, The Arc of East Middlesex

781 942-4888 x4022 or email familysupport@theemarc.org

Sponsored by The Arc of East Middlesex, The Family Networks of Malden-Everett, North Suburban and Medford, Mass Families Organizing for Chance, Family Ties and Riverside Community Care

NEW FAMILY GAME NIGHTS

at The Family Resource Center
34 Gould Street, Reading, MA

We know how hard it is to make time to spend together sometimes, and how much we all need out of the house during the winter! Come join Family Resource Center staff and other families for FREE fun evenings of board games, Wii, arts & crafts and more! Learn new games with your family or make the time for old favorites.

No need to pre-register, just drop by to see us!

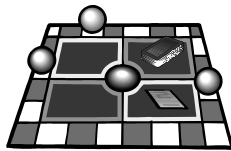
Drop by anytime between

4:30 to 7:00 p.m.

Tuesday, Jan 26

and

Tuesday, Feb 23



Please note, no refreshments will be served. If you would like to bring a game to share for the evening, feel free!

**This is a brand-new program, if you have suggestions on times or days that might work better for your family, please let us know!
Contact Judy SantaMaria at 781-942-4888 x4022 if you have any questions.

Adolescence 101

Do you have a child ages 10-15? Come exchange ideas, resources and suggestions with other parents about how to best support your pre-teens and teens. Various community and other resources will be provided throughout this group. Parents can come to one group or come each month, discussions will vary. Contact Paula Thompson at 781-942-4888 ext. 4039, pthompson@theemarc.org for information. 2010 meeting dates: January 19, February 24, March 29, and April 21 from 7-9 pm
Meets at the EMARC Family Resource Center, 34 Gould St., Reading.



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