



Timelines



MAY/JUNE 2009

New Executive Director

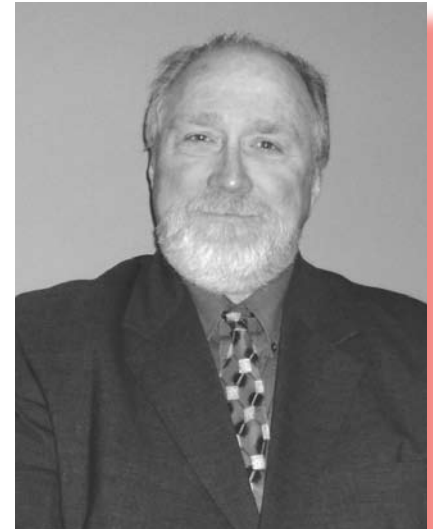
Terry William Kennedy Appointed

The Arc of East Middlesex's Executive Director

in this issue...

- 1 Executive Director
Terry William
Kennedy
- 2 Farewell
Kerry Mahoney
Road Race
- 3 Family Support
Donations
- 4 Teen Center
- 5 Upcoming Events
- 6 United Way
Membership
Application

On April 13, 2009 it will be my pleasure to become the next Executive Director of The Arc of East Middlesex. I have been privileged to spend most of my nearly thirty years in the human service field working at an Arc. One of the things that I appreciate most about the Arc movement is that its core mission is supporting family. This basic value is evident in the family centered advocacy and services offered, employment practices and how the organization engages with the community. The more I learn about The Arc of East Middlesex the clearer it becomes that this is an organization that has a long and esteemed history of providing the highest quality of services, family supports and upholding the Arc's primary mission. I am very excited about joining this new Arc family.



My history working in this field dates back to 1971 when I did weekend relief for a group home operated by Rensselaer County Arc in Troy, NY. My next Arc position began in 1976 when I accepted a direct care position working in Albany County Arc's federally funded alternative day support program a precursor to our modern Day Habilitation program. Over the next few years I collaborated with the Executive Director to develop the residential division for Albany Arc and when we opened the first group home in 1979 I became the Residential Division Director. In 1982 I accepted the position of Day Services Director for Orange County Arc in Middletown, NY. In 1988 I was offered the position of Executive Director for Matson Community Services which had been started by board members of Arc Community Services in 1973. In 1998 Arc Community Services found itself in need of an Executive Director so the decision was made to reunite Arc and Matson under one management and governance team. My formal education consists of an Associate's Degree in Human Services, a Bachelor's Degree in Elementary Education and a Master's Degree in Health Systems Administration. I very much value my direct care and middle management background as it provides me with a personal understanding of the challenges and joys of these positions. I believe this knowledge has served me well over the years as I have worked to refine existing models of service and developed new and innovative programming options.

I look forward to working collaboratively with the individuals we support, their families, staff, board, volunteers, funding sources, business partners and the community to expand upon the great work that The Arc of East Middlesex has done over these many years. Looking forward into the next year or two, the economy will create challenges for the organization but I am confident in the abilities of the staff and the resiliency of the Arc spirit to meet these challenges head on and emerge a stronger and more vibrant organization. The Arc of East Middlesex has a substantial foundation upon which we can build. The optimist in me believes that when one door closes another door of opportunity will open. It is our job to find those new doors of opportunity.



The Arc of East Middlesex
20 Gould Street
Reading, MA 01867-2927

SOMWBA Certified

Phone 781.942.4888
Fax 781.942.0820
www.theemarc.org
info@theemarc.org

The Arc of East Middlesex Board of Directors

President
Maureen O'Brien
Reading, MA

Vice President
Christine Flaherty
Reading, MA

Treasurer
Ralph D'Amico
Reading, MA

Clerk
Lisa Gibbs
Reading, MA

Immediate Past President
Sharon Borggaard
Holderness, NH

Directors
Lucie Cripps
Rockport, MA

Barbara Crystal
Melrose, MA

David D'Arcangelo
Malden, MA

Ralph Dunham
Lexington, MA

John Mason
Acton, MA

Brian D. McCoubrey
Wakefield, MA

Judith Osborn
Reading, MA

Elena Previte
Melrose, MA

Terry William Kennedy
Executive Director

Timelines is produced by:

Heather Weikel
Marketing Specialist
Graphic Designer

Paula Vratton
Administrative Assistant

Farewell and Good Luck to Kerry Mahoney

Dear FRIENDS, Families, and Colleagues,

Over the next couple of months, I will have the difficult task of saying goodbye to all of you! At the end of April, I will be joining the Arc of Greater Haverhill and Newburyport as well as continuing my work as a SUPPORT broker, a service hosted through the Arc of Massachusetts. My reason for leaving is to work closer to my home as my son is now 14 years old and entering high school this September, which I'm sure will be an adventure!



Leaving the Arc of East Middlesex will be difficult. You have all been such wonderful teachers, mentors and supporters over the last 16 years! I have learned so much from all of you and thank you for your support and guidance in developing our services. I am proud of what our Family Resource Center offers and feel confident that the leadership of the Arc will continue to provide you with only the best.

The next couple of months will be challenging as we deal with budget cuts and continue to advocate for restored Family Support funding. For this reason, I will be transitioning out of my current position gradually and will continue to work at the Arc of East Middlesex part time through the month of June.

I hope that in the next couple of months I will have an opportunity to speak with you personally. In the meantime, keep up the great job advocating for your services and please do not hesitate to call if you need any assistance.

Sincerely,
Kerry Mahoney, *Family Resource Center Director*

Early Bird Road Race Registrants!

The Annual 5K Run/Walk for The Arc of East Middlesex

**Cool max type shirts for first 100
registered runners.**

The Arc of East Middlesex's (EMARC) 15th Annual 5K, is scheduled for Sunday, September 13, 2009. The Run for The Arc of East Middlesex kicks off Melrose's Annual Victorian Fair, which attracts over 14,000 visitors. The event starts with a ½ mile Kids Run at 10:15 a.m., followed by the 5K at 10:30 a.m. Walkers are welcome. Melrose Mayor Robert Dolan will serve as Honorary Chairman of the Race. Special thanks to Brian Slater, Race Director, to our hosts, the Melrose Family YMCA and to our Melrose Running Club Volunteers!



Please visit www.firstgiving.com/emarc for more information.





Family Support - EMARC Board Member Brian McCoubrey, staff members, and families from Wakefield and Melrose met with Representative Katherine Clark at Wakefield Public Library to discuss the impact of the cuts to Family Support. Joanne Stark of Wakefield voiced her concerns to the cuts – she has been relying on Family Support since the birth of her son Christopher over 18 years ago. Denise Yasi also of Wakefield described Family Support as her “mental health”. Patrick Cherisme a parent of two young sons with Autism explained how funding has helped enroll his sons in swim class. He has seen a dramatic increase in their language and on swim days their family is guaranteed a good night’s sleep!

Special thanks go to Representative Clark for her support and commitment to try and restore funds to Family Support!

The Arc of East Middlesex is Pleased to Acknowledge Gifts from the Following Donors...

Friend – Gifts Up to \$100

United Way, Janine Parks
Jane and Richard Hasey
Marielizabath Mathis

Gifts \$101 – 250

Michael and Susan Giunta

Gifts \$251 – 499

United Way of Massachusetts Bay--
Charles B. Gordon

Gifts \$500 – \$999

Star of Bethlehem Lodge Af & Am

Gifts \$2500 - \$4999

United Way of Massachusetts Bay--
Matthew Megargel

In-kind gifts

Action Glass Co. Inc.
Giant Glass

Joseph Morabito
George Simpson

Memorials

In Memory of Anne Baclini
Dolores and Milton Parks and Family

In Memory of Jennie Collins
Dolores and Milton Parks and Family

In Memory of Gail Cripps
Ann M. Cruickshank
Barbara Belbin-Myers
Jo Ann Simons
Mr. and Mrs. Emerson Tucker

In Memory of Janet Kress Strong
Ann O'Connor

Gifts received through March 27, 2009

Making a Memorial or Tribute Gift

Use the enclosed envelope or the pledge form on the fundraising page of our website (www.theemarc.org) to remember a loved one or honor a friend or relative for a special occasion.

Wish List

The Arc of East Middlesex is looking for donations of furniture and household items in clean, good condition. Please email a description of the furniture or household items) and your name, location and phone number to mberardo@theemarc.org. Our Residential group homes are in need of fax machines (fax all in ones) and flat (thin) LCD computer monitors. Please email fax and computer gift information to Paula Vratos at info@theemarc.org. We're sorry; we are unable to accept clothing. Thank you!

New Members Welcome to:

Gail Brash
Janet Galvin
Leslie Green
Daniel Hurley
Joanne Betts MacDonald
Shazad Maula
Libby Pizzuto
Wendy Zanni

Recreation News

Teen Drop-In Center & MASH

The Teen Drop-In Center has looked forward to spring during this long cold winter, and just as it arrives we have found our fun outdoors learning about the maple sugaring process at Breakheart Reservation. When we are not out tapping maple trees you can find the teens and young adults creating their very own cooking show, or getting autographs signed at Jordan's Furniture. The group of teens and young adults that attend the Drop-In Center on Tuesdays came up with the idea to create a cooking show and named it the "Train Crossings Cooking Show" because of the Arc's nearby train station. The team of chefs, sous chefs and camera crew have made homemade tortilla chips and dip. Next week's menu includes gourmet pancakes with fruit.

A recent Thursday afternoon outing brought us to Jordan's Furniture to explore Country 102.5's Country Cares Radio-a-thon. This fundraiser was created to benefit St. Jude's Children's Research Hospital. Upon arrival we found Adam Gregory, an up and coming country music artist, taking the stage to perform a free concert. Before we left, the artist's manager asked us to stay for autographs and a group picture. The genuine kindness shown by Adam Gregory and his staff was overwhelming and made the afternoon one to remember.

The Drop-In Center is looking forward to a spring filled with great weather, trips to local parks, art classes and exploring new ideas for outings planned by the teens and young adults.

At Malden MASH, the Malden After School Hangout, Brian Arrington has been promoted from Group Leader to Director. The staff is comprised of special educators, direct care professionals, residential directors and college students which provides the program with expertise from differing perspectives. This past month we began our Community Service project at Project Bread. A team of four teens, young adults and Greg Cherone, a Program Assistant, have been organizing the basements of two locations. They also helped with food pantry deliveries. Additional activities that the teens and young adults participate in are karate, cooking, basketball, swimming and working out on the fitness equipment at the Malden YMCA. The group of twenty have been broken into two teams- the Wildcats and the Athletics. Each group will have the opportunity to go on nine field trips this spring.

For more information contact Paula Thompson at paulat@theemarc.org or 781-942-4888 Ext. 4039.

Teen Center



MASH



Department of Developmental Services

On July 1, 2009, the official name of the Department of Mental Retardation will become the **DEPARTMENT OF DEVELOPMENTAL SERVICES**.

During the March 4, 2009 State House event, Commissioner Elin Howe and others acknowledged many of the individuals and organizations who led the effort to change the name of the Department. Also, the Gunnar Dybwad Leadership Award was presented to the 2009 recipient. Self-advocates, families, caregivers, providers and others were recognized for their contributions to enhancing the quality of life of individuals with intellectual disabilities.



Artist Contribution:
Left: MDDC member Lora Brugnaro, State Rep. Michael Costello (Newburyport) who was presented with a painting by self-advocate Jeff Caturano. Costello worked together with MASS Chairman John Anton (not pictured) to change the name of the Department.

In Memoriam

Milton Parks of North Reading

The Arc of East Middlesex's past president, Milton Parks died on April 1, 2009. Donations may be made to The Arc of East Middlesex. Milt was a member of the Lion's Club and Knights of Columbus in North Reading, Past Vice Chairman of American Society of Industrial Security and a proud member of the U.S. Marine Corp.

Phillip J. Wicks of Reading

The Arc of East Middlesex's supporter, Phillip J. Wicks died on March 29, 2009. In lieu of flowers, donations may be made in his honor to The Arc of East Middlesex.

Programs & Events

FROM THE FAMILY RESOURCE CENTER

May 6th - 9am to 1pm

May 13th - 9am to 1pm

May 20th - 11am to 2pm

May 27th - 9am - 1pm

IEP Clinic (By Appointment)

Elizabeth Bostic, founder of The Parent Coach will be offering information, support and training for families who have children with developmental disabilities in regards to their educational plans. IEP clinics will be held weekly and will provide a one hour meeting for individual consultation. A current copy of the child's IEP and evaluations are required one week in advance. The fee for each clinic is \$20. Please include a check payable to EMARC with your IEP. Please note- all records reviewed will be returned to you after the IEP clinic. Elizabeth is also available for phone calls to provide information.

Contact Elizabeth Bostic **781 942-4888 x 4019** or email elizabeth@theemarc.org

May 20

10:00 -12:00 Noon Senior Support Group

Monthly meetings for older caregivers over 60, who have adult family members with developmental disabilities. Meets the 3rd Wednesday of each month in the Family Resource Center. Contact Michelle Faugno **781 942-4888 x Ext. 4018** or email fam2fam@theemarc.org

For a complete listing of our groups, workshops and special events check out our website www.theemarc.org and click on "What's Happening"

FROM THE CENTER FOR EMERGING ARTISTS

May 2: The Savings Bank, So. Lynnfield Branch, 9AM-1PM, 1105 Summer St. Lynnfield, MA 01940. Natural Elegance Jewelry Sale.

May 9: The Savings Bank, North Reading Branch, 9AM-1PM, 6 Washington Street, North Reading, MA 01864-2560. Natural Elegance Jewelry Sale.

May 14: National Down Syndrome Society Luncheon, 11:30AM-2:30PM, The Pegasus Suite at the Rainbow Room, 30 Rockefeller Plaza, 64th Floor, New York, NY. CEA will have a vendor table with merchandise for sale including jewelry and note cards.

May 14: Women Celebrating Women, 6-9PM, Shriner's Auditorium, in the Fez Room, 99 Fordham Road, Wilmington, MA. An evening of fabulous food, fun and fashion. Natural Elegance will be featured in the Fashion Show as well as a CEA art table.

May 22 - June 19: My Low Carb Life, 136 Andover Street, Danvers, MA. Solo Show TBA.

May 22 - July 17: DMR, 27 Water Street, Wakefield, MA. New Group Show in both conference rooms.

The Arc of East Middlesex
20 Gould Street
Reading, MA 01867-2927

Return Service Requested

Non-Profit
Organization
US Postage
PAID
Reading MA
Permit No. 64



The United Way

The United Way annual campaign begins and once again many employers will be sponsoring United Way workplace fundraising drives. If you work for one of these companies, please remember that you can designate all or a portion of you gift to the Arc of East Middlesex (EMARC). Simply write East Middlesex Association for Retarded Citizens or code # 752188 at the bottom of the card (under "Restricted Contribution") in the white space available. The United Way is pleased to honor your request by forwarding your generous support. Thanks for participating and thinking of us.

Please tell us of your contribution by emailing info@thearc.org or writing to the attention of the Development Office so we can track your gift!

Masthead photo
on page 1 -
Support Our Families -
The Colantuoni Family
of Medford Need
Family Support!

The Arc of East Middlesex Membership Application

Membership includes our *Timelines* newsletter; the Arc US newsletter; the Arc MA newsletter, *The Advocate*; access to our Recreation and Advocacy programs and invitations to Arc of East Middlesex events.

Name _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Please check all that apply:

Family Member Professional Interested Friend

Family Member Served (used to send mailings for age-appropriate events)

Name _____ Date of Birth _____

Dues: \$40 per year. Please make check payable to **The Arc of East Middlesex.**



Looking Good, Joey - Joey sports a suit donated to him from COO Michael Berardo.