



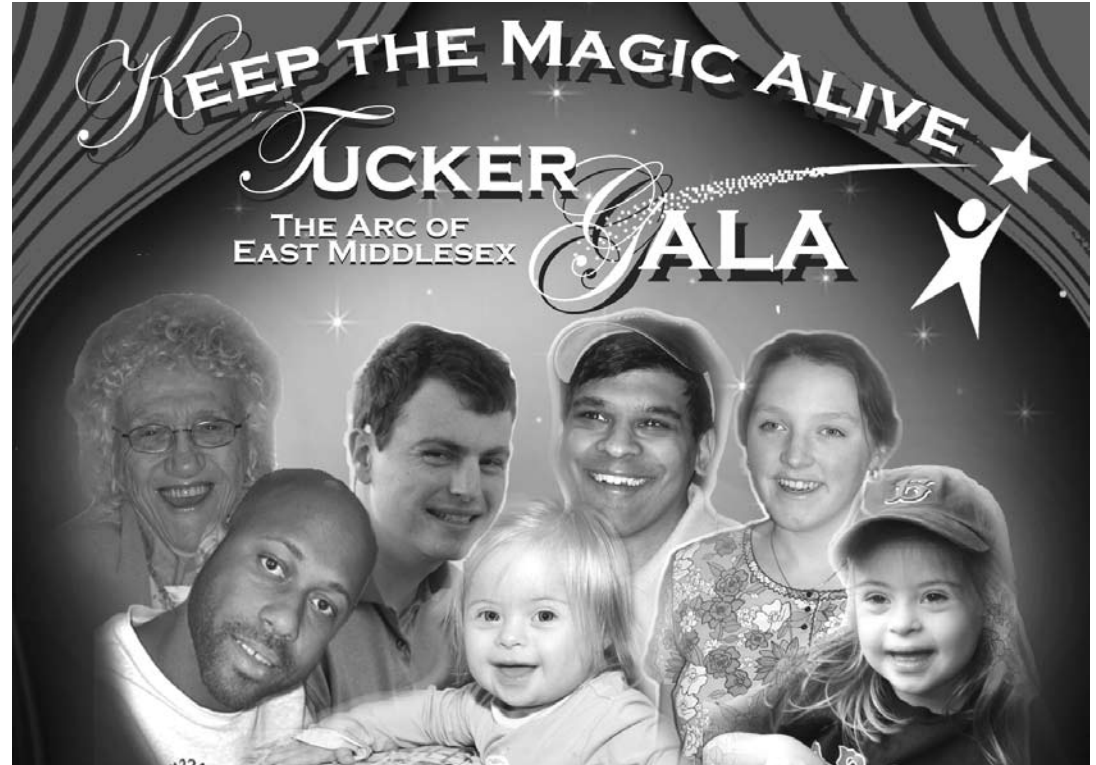
Timelines



SEPTEMBER/OCTOBER 2009

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Join us on **November 2nd**, for a magical 15th Annual Tucker Gala as we embark on an evening of serendipity featuring professional magicians, a live and silent auction, tasting stations, sights and sounds of wonder, and a few surprises. The event begins at 5:30 p.m. It will be hosted by the Peabody Marriott, 8A Centennial Drive and chaired by John Mitchell, President of CAM Media. Dennis Drinkwater, President & CEO of Giant Glass, serves as Honorary Chairman. Radio personality Hank Morse will emcee. Auctioneers include Comedian Tony V and other local celebrities. Live auction items include a Myrtle Beach area vacation stay; Boston Red Sox and Celtics tickets; a guest appearance on the Sports Huddle.

Guests will visit tasting stations sponsored by local restaurants including Docksider Restaurant, Fuddrucker's, Gaetano's Ristorante, Harrow's Chicken Pies, Just Desserts, Kowloon Restaurant, Piantedosi Baking Co., Marriott Boston Peabody, Mia Cucina, Longhorn Steakhouse, JJ Grimsby's & Co., Felicia's of the North End, Ristorante Molise, and New England Coffee Co.

Please join The Arc of East Middlesex

(EMARC) in helping our friends, neighbors and relatives with developmental disabilities and autism. Proceeds from the event benefit the Arc's recreation programs for kids and adults with developmental disabilities.

In Memory, Eunice Kennedy Shriver

"My earliest memory of Eunice is of a young girl with great humor, sharp wit, and a boundless passion to make a difference. She understood deeply the lesson our mother and father taught us -- much is expected of those to whom much has been given. Throughout her extraordinary life, she touched the lives of millions, and for Eunice that was never enough."

- Senator Ted Kennedy

We look forward to seeing you on November 2nd. **Register by October 2nd** to be entered into our *Ultimate Boston Experience* (see theemarc.org for details). **If you are unable to attend but still wish to contribute here is our Auction Wish List which includes sports tickets, golf outings, theater tickets, trips/vacation stays, gift baskets, gift certificates and spa certificates.** Please use the enclosed auction insert and reply envelope to make a contribution today! Advance registration required. Tickets are \$55 each or Table of 10 \$500. For more information, please visit the Arc's website at www.theemarc.org or contact Beth Celona at bethc@theemarc.org or 781-942-4888, ext. 4029.



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The Arc of East Middlesex Board of Directors

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Paula Vratton
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Judy Santa Maria Appointed Director of Family Support

Judy Santa Maria has been appointed the Director of Family Support. Judy brings nearly ten years of experience working with families at the Arc as the Assistant Director of the Family Resource Center, is pursuing her M.S.W. at Wheelock College and received the Alexander Tymchuk National Award in 2008. She understands the value and importance of Family Support and is excited to unite all of her skills in working with families as the landscape of Family Support changes state wide.



Advocacy

Thanks to the advocacy of many families, friends, and supporters some of family support and other services was restored. We have taken the suggestions of families, state agencies and other supporters and are in the process of putting them into action as family support continues to evolve. However, the advocacy must continue to ensure that the limited supports now in place continue.

Upcoming Events

On October 25th, the Family Resource Center will be hosting the Annual Fall Family Festival at Smolack Farms in North Andover. Also our Annual F.R.I.E.N.D.S. series will begin again this fall with workshops and groups. More information will be coming out soon, watch for details.

If you have questions or need information regarding our Family Resource Center, you can contact Contact Judy Santa Maria at familysupport@themarc.org or 781-942-4888 ext. 4039.



Birthday Girls: Pat Simon, Heather Weikel and Paula Vratton receive a birthday surprise from Kick☆ss Cupcakes.

Recently, the development team at the Arc celebrated their birthdays with a special treat courtesy of Kick☆ss Cupcakes. Located in Somerville, MA the bakery features a variety of cupcake flavors, that are truly delicious. For more information check out www.kickasscupcakes.com

**The Arc of East Middlesex
is Pleased to Acknowledge
Gifts from the Following Donors...**

Gifts Up to \$100

Anonymous
G. Lynn Arena and Family to
benefit recreation services
B.R. Mercurio and family to benefit
recreation services
Fred Yasi to benefit recreation services

Gifts \$100 - \$249

Melrose Sharing and Caring to benefit
recreation services

In Honor of Sue Batson

Don and Vera Batson
Sherry and Brendon Batson
Deborah C. Christel
Scott Harney
Marie Hubbard
John T. Isom
Kelso Isom
Cindy Lyman
Bob and Marie Paine
Cindy L. Wood
Marion Wood

**In Tribute of Briana Brukilacchio
on the occasion of her**

High School graduation
Innovations In Optics, Inc

In Tribute of Kerry Mahoney

Anonymous
Ashley Colantuoni
Deborah Crane
Christina Doyle
Amy Hight
Dan and Susan Kirkland

Barbara Musselman
Susan Nadworny
Patricia Ann Pakos
Elena and Andy Previte
Doris Eder SanGiovanni
Michele Sanphy
Mary Sheehan
Grag and Diane Bonnani
Marthy F. Toyne

Memorials

In Memory of Jimmy Arsenault

Barbara Hogan

**In Memory of
Alessandra Giangrande**

Edward Boileau
Deborah J. Campbell
Janice and Clyde Dottin and Family
Catherine H. Gallagher
and Mary Leahy
Alice J. Hegarty
Elizabeth K. Higgins
The Hunt Family (Jim, Katie,
Brian and David)
Marilyn K. Mahoney and Family
Laura and Kevin Meagher
John and Nancy Meaney
Dolores Parks and Family
Catherine J. Piergentili
Elizabeth A. Poirier and Mark Mixon
Elena and Andrew Previte
Sheila J. Romo
Susan E. Spousta
Barbara Sweeney

In Memory of Eleanor Mire

Linda M. Kerr
Alice M. Hammer
Dina Malgeri

Patricia Murray
Carl Washington and Family

In Memory of Marion Murray

Nancy B. Cagno
Joseph and Helene Duffy
Edwin C. Lucey
Pamela McCarthy
Richard and Dolores Redding
Lisa and Carl Sorenson

Gifts received June 15 - August 9, 2009

Making a Memorial or Tribute Gift

Use the enclosed envelope or the
pledge form on the fundraising page
of our website (www.theemarc.org)
to remember a loved one or honor a
friend or relative for a special
occasion.

Wish List

The Arc of East Middlesex is looking
for donations of furniture and
household items in clean, good
condition. Please email a description
of the furniture or household items
and your name, location and phone
number to mberardo@theemarc.org.
Our Residential group homes are in
need of fall clean-up landscaping. The
Development Office is also seeking a
PC version of Adobe CS4. If you can
help please contact Paula Vratto at
info@theemarc.org or 781-942-4888
Ext. 4010. We're sorry; we are unable
to accept clothing. Thank you!



Birthdays Girl: Susan Batson with son Scott.

**PAY IT FORWARD
Susan Batson Shares Her Birthday Wish**

For her 50th Birthday, Susan Batson had a selfless
birthday wish. Ms. Batson knew that Family Support
was in desperate need of funds. In lieu of gifts she
asked her party guests to make a donation to
The Arc of East Middlesex.

Susan's son Scott is an active participant in the Arc's
Recreation programs as well as the Teen Center.

Thank you Susan for your kind act of giving back to
our program's at the Arc. From your story, we realized
there are many more stories to write about our
community. We want to hear these stories of
compassion - if you're a family, a participant, friend of
the Arc - together we can strive to make a difference
and to "pay forward" some of the good works of
everyday. If you would like to contribute to a *Pay it
Forward* idea/story please submit to Paula Vratto at
info@theemarc.org or call at 781-942-4888 Ext. 4010.

EMPLOYEE PROFILE

Christine Chisholm, *Life Choices Instructor*



Mentoring: Life Choices Instructor, Christine Chisholm with artist Alfred Resteghini.

Her smile radiates when you meet – Christine Chisholm, the Arc’s Fine Art Instructor talks candidly about her effect on the Center for Emerging Artist program (CEA) and the rewards she has found from her journey back to working with individuals with developmental disabilities.

“I have had a lot of jobs and was not sure what I wanted to do when I was in my senior year of college,” admits Christine.

Christine grew up in Melrose, MA and attended UMass Dartmouth, since the age of 13 she has volunteered in some capacity in her community. Chisholm’s parents have been instrumental in their influence on volunteerism and community outreach. Her college degree was focused in psychology; however, her passion and interest was art which led Christine to combine the two. This led her to finding employment in 2008 at the Arc and it has proven to be a winning combination of talent for our individuals.

Christine started as an instructor in the Creative Expressions Track at Life

Choices. She moved into the role of instructor for the Fine Arts Track when it first launched and works with a group of six individuals who are contributing artists for the art program.

Inspiration is always nearby as Christine volunteers on weekends at the Institute of Contemporary Art Museum. This has fostered a collaboration whereby an artist at the museum needed recycled Poland spring bottles for a project. Christine had her art group collect over 500 bottles for the Institute of Contemporary Art to create a spectacular abstract sculpture.

“We made a game out of collecting recycled bottles, not everything was usable but we found innovative ways to use the recycled products even if we played a game of basketball in the process – it was easier to learn when it was fun,” commented Christine.

While there have been individual projects in Christine’s art group, many trips have been taken to area museums, the Montserrat Gallery being a favorite destination. Christine approaches the instruction from the perspective that there are many different ways to learn about art, she instills a passion that has been transferred to the individuals. Many employees of the Arc have noted the significant changes they have seen in the program and the great work that Christine has done.”

“Christine has worked extremely hard to establish the Life Choices Fine Arts Track within CEA. Her efforts have yielded great success, creating a dynamic, group in which individuals are treated as artists, and are able to grow in this role. The group has no doubt benefited from Christine’s *Can Do* attitude and nurturing spirit,” states CEA Director, Amy Ruiter.

Christine ends with saying “ My motto with the group is the following: Don’t use someones bad day to get in the way of your happy one. I always believe that if you are light hearted and laugh a lot good things happen”.



Fine Art Track - Participants and Staff of the Art Program pose while attending their exhibit at the Musculoskeletal Center in Peabody.

What will you give your Bridesmaids?

Below, bridesmaids of staff member Lianne Duffy model the Natural Elegance jewelry they wore on her wedding day. Lianne decided to give each girl in her bridal party a beautiful handcrafted piece of jewelry created by the artists in the Natural Elegance studio. For more information on Natural Elegance jewelry or hosting a jewelry party contact Heather Weikel at 781-942-4888 Ext. 5029 or ceapromo@thearc.org



Massachusetts Elks Charitable Trust - Terry Kennedy, Executive Director of the Arc of East Middlesex (left) accepts a donation to The Tucker Memorial Dinner/Auction to be held November 2nd at the Boston Peabody Marriott from Donald A Dewar, Massachusetts Elks 1st Vice President.

Programs & Events

MARATHON SPORTS RUN FOR THE ARC

Sunday, September 13, 2009. Runners & Walkers, start training now! The 5K is held the morning of the Melrose Chamber of Commerce Victorian Fair and starts at the Melrose Family YMCA. Please visit www.firstgiving.com/emarc for more information. Registration will soon be available at all Marathon Sports locations.

RICHARD TUCKER MEMORIAL DINNER & AUCTION

Please save the date: our Annual Dinner & Auction will be held **Monday, November 2, 5:30 p.m. at the Peabody Marriott**, 8A Centennial Drive. Join us for a magical 15th Annual Celebration as we embark on an evening of serendipity featuring magicians, a bustling live and silent auction, tasting stations, sights and sounds of wonder, and a few surprises.

FROM THE CENTER FOR EMERGING ARTISTS

September 13, noon - 6 p.m. - Reading Street Faire, Downtown Reading, MA. Come down to the 1st Annual Fall Street Faire on Haven Street in Reading, MA. Live Music Dance & Street Performers, Local Artists, Antique Cars, Product Demonstrations, Restaurant & Food Vendors, Train Rides, Moon-Bouncers, Face Painting, Arts and Crafts, and Vendors Sidewalk Sales.

September 13, 11:30 a.m. - 5 p.m. - Melrose Victorian Fair, Main Street, Melrose, MA. The Fair is held each year in mid-September, as the foliage begins to turn into the fabled colors of a New England autumn. Beginning at dawn on the morning of the Fair, volunteers transform downtown Melrose into a festive corridor. A two-block section of the bustling Main Street retail hub is closed to make way for the booths that will line the street on both sides. Performance stages are set up at various spots featuring local performing artists as well as dances and demonstrations by Melrose children. Canopied booths beckon the public with games, crafts, food and prizes. It is not at all unusual to see a mini-golf course set up on Main Street! And, you will never leave the Victorian Fair hungry because local restaurants prepare tasty samplings for the crowds that roam the downtown area. The day's gala celebration is brought to a grand climax with the drawing of the Chamber's "Big Ticket" Raffle prizes. Fair goers, volunteers and business owners alike are united by the annual rekindling of the Yankee small-town community spirit fostered by the Melrose Victorian Fair, a true New England tradition. We hope to see you at the Fair!

September 18 - November 20: DMR, 27 Water Street, Wakefield, MA. New Group Show in both conference rooms.

October 16 - December 11: My Low Carb Life, 136 Andover Street, Danvers, MA. Solo Show **TBA.**

The Arc of East Middlesex
20 Gould Street
Reading, MA 01867-2927

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The United Way

The United Way annual campaign begins and once again many employers will be sponsoring United Way workplace fundraising drives. If you work for one of these companies, please remember that you can designate all or a portion of you gift to the Arc of East Middlesex (EMARC). Simply write East Middlesex Association for Retarded Citizens or code # 752188 at the bottom of the card (under "Restricted Contribution") in the white space available. The United Way is pleased to honor your request by forwarding your generous support. Thanks for participating and thinking of us.

Please tell us of your contribution by emailing info@thearc.org or writing to the attention of the Development Office so we can track your gift!



The Arc of East Middlesex Membership Application

Membership includes our *Timelines* newsletter; the Arc US newsletter; the Arc MA newsletter, *The Advocate*; access to our Recreation and Advocacy programs and invitations to Arc of East Middlesex events.

Name _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Please check all that apply:

Family Member Professional Interested Friend

Family Member Served (used to send mailings for age-appropriate events)

Name _____ Date of Birth _____

Dues: \$40 per year. Please make check payable to **The Arc of East Middlesex.**



Ships Ahoy! - Recreation staff **Laura Morabito** and **Christine Arruda** geared up for **Kerry Mahoney's Farewell Party.**