



Timelines

DECEMBER 2006/JANUARY 2007

in this issue...

- 1 Tucker Dinner & Auction
- 2 Message from the Executive Director
Board of Directors
- 3 Employee Profile—
Beth Celona & Kathy Kelly
- 4 Donations
Volunteer News
- 5 Holiday Greeting
Upcoming Events
- 6 Membership Application
Car Donation Program



The Arc of East Middlesex
20 Gould Street
Reading, MA 01867-2927

SOMWBA Certified

Phone 781.942.4888
Fax 781.942.0820
www.thearmac.org
info@thearmac.org

Arc of East Middlesex Honors Community Champions

The Arc of East Middlesex honored eight *Community Champions* at our signature event, the *Richard Tucker Memorial Dinner & Auction*, November 13th at the Peabody Marriott. The event grossed over \$92,000 for our under-funded programs, an increase of \$16,000 over the prior year.

The evening's honorees included Sports Talk Legend Eddie Andelman; Barnes & Noble Booksellers of Saugus; Glenn Dolbear of the Wakefield Item; Deborah Gaff of Eastern Bank; Medford Mayor Michael McGlynn; Melrose Mayor Robert Dolan; the Reading Burbank YMCA and the Stoneham Theatre.

Dennis Drinkwater of Giant Glass was Honorary Chairman of the event, which was chaired by John Mitchell of CAM Media and Rick Tucker of Tucker's Auto Supply. Radio personality Hank Morse served as Emcee. Guest auctioneers included Phantom Gourmet founder David Andelman, comedian Tony V and Salem Attorney Jack McGlynn. Awards presenters included Arnold Rubin, President & CEO of Atlantic Food Mart; Rob Tucker, whose father Richard founded the event; Steve Karp of New England Development and Joe O'Donnell of Boston Culinary

continued on page 5

Legend & Champion—Eddie Andelman (3rd from left) is congratulated on his Community Champion Award by (l to r) his sons Michael and David Andelman; friends Steve Karp of New England Development and Joe O'Donnell of Boston Culinary Group; Artist Albert Young, who created the painting *My Three Sons* in his honor and Arc of East Middlesex Executive Director Jo Ann Simons.



Generous Hosts—Event Co-Chairman John Mitchell of CAM Media (far left) and Artist Jeffrey Caturano (far right) thank our very generous hosts at the Marriott Boston Peabody, located at 8A Centennial Drive in Peabody. The Marriott team included (center l to r) Janine Cabral, Director of Event Planning; John Toolan, Executive Chef; and Cathleen Wardley, General Manager. Jeff presented them with a print of his *Fenway Park* painting in recognition of their outstanding contributions.



The Arc of East Middlesex Board of Directors

President

Sharon Borggaard
Holderness, NH

Vice President

David Snover
Lynnfield, MA

Treasurer

Ralph D'Amico
Reading, MA

Clerk

Maureen O'Brien
Reading, MA

Directors

Lucie Cripps
Rockport, MA

Barbara Crystal
Melrose, MA

Christine Flaherty
Reading, MA

Lisa Gibbs
Reading, MA

Charles B. Gordon
North Reading, MA

Judith T. Osborn
Reading, MA

Elena Previte
Melrose, MA

Timelines is produced by:

Jo Ann Simons, MSW
Executive Director

Susan Ring Brown
Director of Development

Paula Vratton
Administrative Assistant

Giving Thanks



When I begin to think about writing my column during the Holiday Season, the obvious choice of a theme is one that includes thanks. This year is no exception, but I have more than the usual for which to be thankful. Please read on to see why. I am thankful to:

Our Board of Directors, who tirelessly and without compensation, donate time and money so our organization grows, flourishes and stays inventive.

Our Corporate Sponsors who give willingly of their resources and their names in recognition of our good work.

Our Staff Members, many of whom will spend their holidays many miles or many countries away from their own families, so that the people we support will have a happy holiday.

Our New Partner, Qambio, a web-based peer to peer giving program that allows individuals and agencies to post their needs and have individuals pledge their support. We are an early adoptee of this eBay like concept of philanthropy and recently became their first success. We posted our need for 6 scholarships for our aquatic program and several anonymous donors contributed and we have already received the check for \$594. Please check out the web site at <http://www.qambio.com>.

Family Members who on a daily basis make contributions to their families, communities and to society. Attorney Barbara D. Jackins, is one of those. This mother of a young man with autism recently published a must have book for all Massachusetts families, "Legal Planning for Special Needs in Massachusetts." You can order it at http://www.disabilitiesbooks.com/legal_planning_arcem/index.html

When I began this column, I told you that I was especially thankful and that brings me to the following story. A few weeks ago, I drove to New York to meet my new great-niece, Lily, just weeks old. Her parents are young and struggling students and living in a very modest apartment above a recently closed movie theater. We talked about a lot of things and the subject soon turned to carbon monoxide detectors. Lily's mother shared with me that they had neither a carbon monoxide detector or a smoke detector. She thought the landlord should be responsible and I suggested that they just buy the items, which would cost no more than \$40. Sensing that this amount might be more money than they could afford, I quickly offered to purchase them and the next day, a Saturday, I did just that. We concluded our lovely visit and on the following Monday, my nephew called. He thanked me for buying the carbon monoxide detector and told me that it had gone off the night before. The fire department was summoned and it was determined that faulty work, that had just begun on the movie theater's aging heating system, had resulted in dangerous levels of carbon monoxide seeping into baby Lily's apartment. They evacuated safely, moved in with other family members and we are all grateful that a tragedy was averted. I do not know why it was so important to me to buy the carbon monoxide detector that day, but I hope that each and everyone of you has one in your house. Be thankful that you do.

EMPLOYEE PROFILES

Beth Celona and Kathy Kelly Employment Services Kicking it up a notch!

Emeril Lagasse's got nothing on the Arc of East Middlesex's employment services team. "Kathy Kelly, Manager of Career Services and Beth Celona, Job Developer, have brought a new energy and a results-oriented approach to the program," said Shawn Nault, Director of Day Services.

This fall, those results included community based opportunities for three individuals working as cleaners at the ABC Flea Market in Reading, another three individuals cleaning our Wakefield-based School to Work program and two people placed at Consolidated Marketing in Wilmington. We've also seen an increase in competitive employment placements including a young man hired by BD Biosciences in Bedford, one at Anton's Dry Cleaners in Wakefield and two people hired by Shaws in Wakefield. Long-term relationships are also being nurtured with seven people involved in temporary employment with the Salvation Army for the Holiday Season.

What are the ingredients leading to these successes? There are many.

Kathy and Beth are currently running two *World of Work Groups*, one for individuals who are unemployed and one for those who are employed.

"For the unemployed, we're cultivating their interests, building their skills, conducting mock interviews and providing job tours to introduce people to different types of work. For those who have jobs, we play a game called 'Keep that Job' which focuses on role playing, how to communicate in the workplace and money skills," said Beth.

The support of local businesses is another key ingredient in our success. Carl McFadden, owner of First Call Mortgage and his wife Jill opened their home to introduce us to local business and community leaders, which led to Charleen Smotrycz, President of Consolidated Marketing providing work for two of the individuals we support. A local banker who was invited to the coffee didn't have an open position at her branch but volunteered her time and expertise to conduct a mock interview with a young person who was applying for a job with another bank.

"Parents are another great networking resource. They don't have to own a business to help—the person working out on the elliptical machine next to them at the local YMCA each morning may have an opportunity for us to pursue," said Kathy.

Individuals in the Community Placement Department have had opportunities to gain experience and earn money through speaking engagements with Understanding Disabilities in Reading and St. Joseph's School in Wakefield and performing music at the Horizon Center in Woburn and at the Reading



Realizing Potential, Achieving Goals—Kathy Kelly, Manager of Career Services and Beth Celona, Job Developer are reaching out to families and businesses and finding meaningful opportunities for participants in the Arc of East Middlesex's vocational program, East Middlesex Industries (EMI).

Senior Center. Volunteer opportunities are also great resume builders which sometimes turn into paid positions. One woman in our vocational program is currently donating her time to serve lunch at the Reading Senior Center. That experience is certainly transferable to paid cafeteria work.

Kathy and Beth are looking for a wide variety of work opportunities—including but not limited to customers for the Chore Service (people needing snow shoveling, errands), data entry positions, shredding, light office work, cleaning, retail and supermarket opportunities. They are also seeking volunteer job trial opportunities which would enable individuals to be assessed on their ability to perform a job such as mail room clerk, for example.

"It's a tough job market, so we ask parents to keep an open mind about the way we help their sons and daughters achieve their goals. We'll find a way," Kathy concluded.

If you have a job lead or would like additional information regarding employment services, please contact Beth or Kathy at 781-942-4888, ext. 5017 or email bcelona@thearc.org or kkelly@thearc.org.

MASTHEAD PHOTO ON PAGE 1

Dan Lincoln, DMR Metro North Area Director, (center) congratulates Chenine Johnson, Arc of East Middlesex Recreation Director (l) and Family Support Specialist Paula Thompson, MSW, (r) on receiving awards in recognition and appreciation of embracing the ideals of enhancing community membership.

Volunteer Opportunities in Tennis, Cooking and Crafts

Calling all tennis enthusiasts!! Volunteers are needed for The Arc of East Middlesex Tennis Program. Help teach the basic skills of the game and how to become a team player. New sessions begin every 6 weeks on Sundays from 3:00–4:00 p.m. at the Winchester Indoor Tennis Center, 41 East Street, Winchester. Contact Cindy DiVincenzo at 781-942-4888 ext. 4048.

Cooking and Crafts instructors needed for after-school classes for children with developmental disabilities ages 5–10. Classes run one hour per week. For additional information, contact Chenine Johnson at 781-942-4888, ext. 4036.

The Arc of East Middlesex is Pleased to Acknowledge Gifts from the Following Donors...

Sustainer—Gifts \$250-\$499

Massachusetts Elks Association, Inc.
Stoneham Elks #2211

Patron—Gifts \$500 - \$999

United Way of Mass Bay

Benefactors' Circle - Gifts up to \$1000—\$2,499

United Way of Mass Bay

Grants

BOSTnet
En Ka Society

Tribute Gifts

Use the pledge form on the fundraising page of our website (www.themarc.org) or using the enclosed envelope to remember a loved one or honor a friend or relative for a special occasion. We are pleased to acknowledge the following tribute gifts.

In Honor of Elaine Simons' Special Birthday

Joan Kessler
Joan and Les Rosen

In Honor of Kevin McLaughlin's 40th birthday

Ann M. Kelly and Jim R. De Vellis

Memorials

In Memory of Joseph Barbagallo

Mitchel Akel
The Parks Family

In Memory of Betty Bradley

Lucie and Leonard Cripps

In Memory of Regina M. Coffey

The Recorder

In Memory of 20 Year Anniversary of death, William Porter

Pasqualina M. Porter

In Memory of Julia Anne Silva

Lucie and Leonard Cripps

In-kind Gifts

Marjorie Blum, *clothing and household goods*
Fidelity Investment, *10 used Herman Miller Work Station Chairs*

Gifts received through November 22, 2006

Day of Caring at Haven Street

On October 20, 2006 thirty-five employees from SAP America, a software company from Burlington, volunteered their time, elbow grease and painting expertise at The Arc of East Middlesex's residence on Haven Street in Reading. The volunteers brought lots of enthusiasm as they painted the common areas of this three story Victorian home in about three hours. The volunteers that weren't comfortable wielding a paintbrush, bought squeegees and washed windows, and handled cleanup. The end result was quite impressive. The house looks beautiful!

Boston Cares is a non-profit agency that organizes and leads team oriented volunteer opportunities throughout greater Boston and they were responsible for connecting SAP with The Arc of East Middlesex.

Thank you SAP America and Boston Cares—you have made a positive impact on the lives of the residents at Haven Street!

For other volunteer opportunities with The Arc of East Middlesex, please call Pat Simons at 781-942-4888, ext. 4032.



Boston Cares arranged for employees from SAP in Burlington to spend a day this fall sprucing up our Haven Street residence.



The Team at The Arc of East Middlesex Wishes You a Winning Season!

The following stores are among those carrying our Holiday (including the Fenway card by Jeff Caturano above) and note cards and smaller items: Atlantic Food Mart, Reading; CB Designs, Reading; The Hitching Post, Reading; The Hot Spot, Reading; Sense of Wonder, Reading; Green Street Pharmacy, Melrose and Kelly & the Angel, Malden.

Arc of East Middlesex Honors Community Champions

Continued from page 1

Group; Hank Morse and Arc of East Middlesex Executive Director Jo Ann Simons.

Special thanks to our *Gold and Silver Sponsors*: Atlantic Food Mart; Harvard Pilgrim Health Care; Giant Glass; Boston Culinary Group; New England; Development; Greater Media Boston; First Call Mortgage; Eastern Bank; the Piccolo Foundation; and Tonneson and Company and to our *Dinner Station Donors*: Bear Rock Café, Reading; Dockside Restaurant, Wakefield; Felicia's, Stoneham; Fuddrucker's Restaurant, Reading; JJ Grimsby & Co., Stoneham; Just Desserts, Wakefield; Kowloon Restaurant, Saugus Marriott Boston Peabody; Mia Cucina, Lynnfield; New England Coffee, Malden; Piantedosi Baking, Malden; Romano's Macaroni Grill, Reading; Solo Cup, North Andover and Wild Oats, Saugus.

Upcoming Workshops, Exhibits and Events

FROM THE CENTER FOR EMERGING ARTISTS

Arc Holiday Shopping Night—December 7
from 5 to 7 p.m. at 20 Gould Street, Reading, MA

CEA New Techniques Show thru December 15, Malden Access TV, Pleasant Street, Malden. Includes works created by our artists during a brush painting class at the Chinese Cultural Connection, made possible by a grant from the Massachusetts Cultural Council, administered by the Malden Cultural Council. The Gallery is free and open to the public during regular MATV business hours. These are Mondays—Thursdays, 10am–9pm, Fridays, 10am–6pm, and Saturdays, 10am–2pm. The Gallery facility is handicapped accessible.

Natural Elegance Jewelry Parties—We are now accepting reservations to host a Natural Elegance Jewelry Party. For more information, please visit our web site at www.theemarc.org and click on Artists Gallery, then Natural Elegance. To schedule a party, please contact: Heather Weikel at 781-942-4888, ext. 5029 or email ceapromo@theemarc.org.

Philadelphia Story—If your Holiday travels bring you to Philadelphia, please stop by Oasis Arts and Education (Resources for Human Development) at 948 North 8th Street in Philly, 19132. CEA Director Christina Preher's work will be featured in a group exhibit from Dec 15 through the end of January. Reception will be Dec. 15th from 6 to 8:30pm.

FROM THE ARC'S FAMILY RESOURCE CENTER

Maneuvering the Maze—Offers information on the maze of services for kids with developmental disabilities. Learn about government benefits- SSI, CommonHealth, Services including the Department of Mental Retardation, leadership, advocacy and working with schools. Recommended for parents of kids age 2–10. Held on January 17, 24, 31, and 2007 from 7–9 pm at The Arc of East Middlesex, Reading. There is no charge for this event. Contact Kerry Mahoney to register 781-942-4888 x 4015. km@theemarc.org. Co sponsored with The Family Networks—North Suburban, Malden Everett and Medford, Riverside Community Care, Mass Families Organizing for Change.

School Dayz—Transition Planning—Turning 22

January 24, 2007—9:30-1:30

This workshop is designed to inform participants about their rights and responsibilities during the school age transition process including the changes with the Federal Law IDEA 2004 which focus on post-school outcomes and results. Community options after age 22 will be discussed. Geared to students eligible for Chapter 688. Location to be determined. A light lunch is included. \$15 for members of the Arc non members \$25. To register call Arc Mass Beth Rutledge 781-891-6270 x 101 or email arcmass@arcmass.org.

Need After School Child Care?

A special meeting of the Family Support Council will be held on Monday January 8th at 7:00 pm to discuss progress in developing an after school program. Your input will help shape the program! Meeting will be held at The Arc of East Middlesex. For more information contact Kerry Mahoney 781-942-4888 x 4015 or email km@theemarc.org.

The Arc of East Middlesex

20 Gould Street
Reading, MA 01867-2927

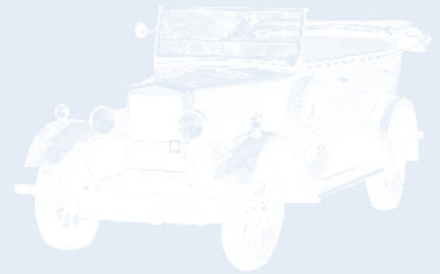
Return Service Requested

Non-Profit
Organization
US Postage
PAID
Reading MA
Permit No. 64



On-line Car Donation Program

To donate a car online, visit our web site at www.theemarc.org, click on vehicle donation at the bottom of the left hand column of our home page and follow the instructions that pop up. Be sure to designate The Arc of Massachusetts, Waltham as your charity and email us at info@theemarc.org so that The Arc of East Middlesex is credited for the donation.



The Arc of East Middlesex Membership Application

Membership includes 10 issues of our *Timelines* newsletter; the Arc US newsletter; the Arc MA newsletter, *The Advocate*; access to our Recreation and Advocacy programs; invitations to Arc of East Middlesex events and an opportunity to nominate honorees for our Annual Spring Awards Ceremony.

Name _____

Address _____

City, State, Zip _____

Phone _____ Email _____

Please check all that apply:

Family Member Professional Interested Friend

Family Member Served (used to send mailings for age-appropriate events)

Name _____ Date of Birth _____

Would you like to receive this newsletter by email rather than regular mail?

No Yes Email _____

Dues: \$40 per year. Please make check payable to **The Arc of East Middlesex**.

